

1

Survey the scene

- Look out for unsafe items, such as syringes, needles or other sharp objects.

2

Survey the Person



- Person is passed out and you cannot wake them up.
- Breathing very slow, making gurgling sounds, or not breathing at all.
- Lips are blue or grayish color.

3

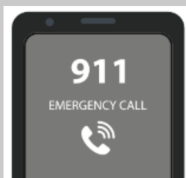
Say It



- Shake them and shout to wake them up.
- If no response, grind your knuckles into their chest bone for 5-10 seconds.
- SAY: "If you don't respond, I'm going to Narcan you"

4

Call 911



- Tell the 911 dispatcher, "I think someone has overdosed!"
- To be protected by Aaron's Law: Administer Narcan, Call 911, Wait for EMS/Police, Provide relevant information

5

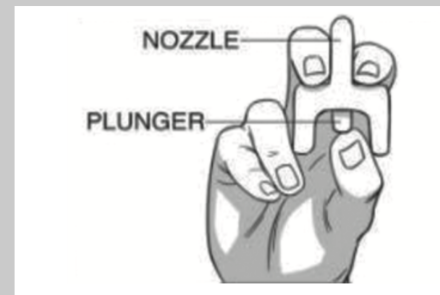
Do It



- Peel back tab with the circle to open the Narcan® Nasal Spray.
- IMPORTANT: Do not remove Narcan® until ready to use and do NOT test the device.

6

Do It



- Hold the Narcan® Nasal Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

7

Do It



- Tilt the person's head back and provide support under the neck with your hand.

8

Do It



- Gently insert the tip of the nozzle into one nostril, until your fingers on either side of the nozzle are against the bottom of the person's nose.
- Press the plunger firmly to give the dose of Narcan® Nasal Spray. Remove the Narcan® Nasal Spray from the nostril after giving the dose.

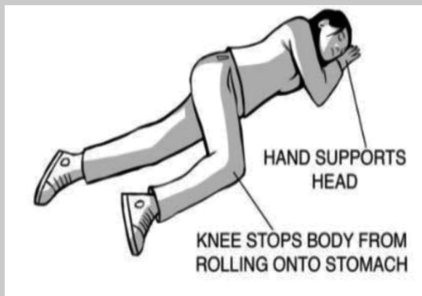
9

Do It



- Wait and watch the person closely.
- If the person does not respond in 2 mins, repeat the steps and give another dose of Narcan® Nasal Spray.

10



- Call 911 right away, if you have not done so already.
- Roll the person on their side and place them in the 'recovery position'.



11

Rescue Breathing



- Tilt the head back, lift the chin, and pinch the nose.

12

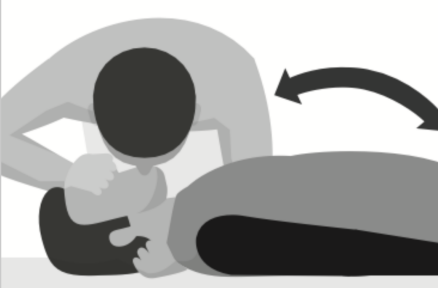
Rescue Breathing



- Start with two breaths into the mouth. Continue with one breath every 5 seconds.
- The person's chest should rise and fall with each breath; if not, check to make sure the head is tilted back and the mouth is clear.

13

Rescue Breathing



- Keep doing rescue breathing until the person breathes on their own or until medical help arrives.

14

Comfort

- Give them space
- Explain what happened
- Assure them you are there for them
- If not sitting up, turn the person on their side (recovery position) to prevent them from choking

15

Caution

- More drugs could cause another overdose and won't help you feel better until Narcan starts to wears off (30 to 90 minutes)
- Stay with the person until emergency personnel arrive or 90 min to prevent another overdose

16

Connect

- Share harm reduction and treatment resources
- Provide a warm handoff if services are desired

Adapted from NY Health Department
<https://www.health.ny.gov>